

ITALY Itinerary



****tentative****

Start Date 06/15/2025

End Date 06/22/2025

GIRLS Itinerary

Sunday, June 15

Choose training option (flexibility w/ your arrival)

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
10:30 AM or 12:30 PM	Pickup from Malpensa Airport (by Exit #7) → Hotel check-in
12:00 PM – 2:00 PM	Lunch
2:15 PM – 2:30 PM	TRAINING OPTION 1: Departure to training facility
2:30 PM – 4:00 PM	TRAINING OPTION 1: Practice with professional coach
3:45 PM – 4:00 PM	TRAINING OPTION 2: Departure to training facility
4:00 PM – 5:30 PM	TRAINING OPTION 2: Practice with professional coach
6:30 PM – 7:30 PM	Shower & relax
8:00 PM – 9:00 PM	Dinner @ hotel

Monday, June 16

Sightseeing @ Lake Bellagio & Lido

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
9:30 AM – 10:30 AM	Departure to Lake Bellagio
10:30 AM – Afternoon	Visit Bellagio & Lido – Free time
	Lunch
	Leisure time in Bellagio Lido
6:00 PM	Departure to hotel
6:15 PM	On the way back to hotel, stop at grocery store for families who would like to get snacks
8:00 PM – 9:00 PM	Dinner @ hotel



Tuesday, June 17 *Training and Match*

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
8:45 AM - 9:00 AM	Departure to training facility
9:00 AM - 10:30 AM	Practice with professional coach
1:00 PM - 3:30 PM	Lunch & relaxation time
3:30 PM - 4:00 PM	Departure to matches
4:00 PM - 8:00 PM	Matches vs Calcio Como (younger team plays first, older team game right after)
8:00 PM - 9:00 PM	Return to hotel
9:00 PM - 10:00 PM	Dinner @ hotel

Wednesday, June 18 *Training and Match*

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
8:45 AM - 9:00 AM	Departure to training facility
9:00 AM - 10:30 AM	Team practice
11:00 PM - 3:30 PM	Lunch & relaxation time
3:30 PM - 4:00 PM	Departure to matches
4:00 PM - 8:00 PM	Matches vs Milan (younger team plays first, older team game right after)
8:00 PM - 9:00 PM	Return to hotel
9:00 PM - 10:00 PM	Dinner @ hotel

Thursday, June 19 *Sightseeing @ Como City*

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
9:30 AM - 10:00 AM	Departure to Como city
	Free time in Como & exploration
	Lunch
	Leisure time
6:00 PM - 7:00 PM	Return to hotel
8:00 PM - 9:00 PM	Dinner @ hotel

**Friday, June 20***Training and Match*

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
8:45 AM – 9:00 AM	Departure to training facility
9:00 AM – 10:30 AM	Practice with professional coach
1:00 PM – 3:30 PM	Lunch & relaxation time
3:30 PM – 4:00 PM	Departure to matches
4:00 PM – 8:00 PM	Matches vs Meda Women (younger team plays first, older team game right after)
8:00 PM – 9:00 PM	Return to hotel
9:00 PM – 10:00 PM	Dinner @ hotel

Saturday, June 21*Sightseeing @ San Siro, Duomo, Milan*

7:00 AM - 10:00 AM	Breakfast @ hotel: <i>Flexibility with each day's schedule</i>
9:30 AM – 10:30 AM	Departure to Milan – San Siro & Duomo
10:30 AM – 12:00 PM	Guided tour of the stadium
	Lunch
1:00 PM – 6:00 PM	Free time & shopping in Milan
6:00 PM – 7:00 PM	Return to hotel
8:00 PM – 9:00 PM	Dinner @ hotel

Sunday, June 22*Travel Home*

4:00 AM or 7:00 AM	Departure to Malpensa Airport depending on flight time
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